

Homework

MY PERSONAL TRAITS

Directions: **Step 1** - circle 10 of the adjectives on the left side that describe you the best. How are you most of the time? **Step 2** - fold the paper down the middle so your choices are hidden. **Step 3** - have a parent or guardian choose 10 from the right hand list to describe you. When they are done, **Step 4** - compare the two lists. How many were the same? How many were different? Ask them why they chose a particular word to describe you. **Step 5** - use the back of the sheet to write a paragraph discussing Step 4, your discussion with your parent/guardian and what new things you learned about yourself from the viewpoint of someone who knows you well.

How I See Myself		How Someone Else Sees Me	
honest	strong	honest	strong
cheerful	lucky	cheerful	lucky
friendly	fair	friendly	fair
popular	creative	popular	creative
selfish	sensitive	selfish	sensitive
lazy	healthy	lazy	healthy
helpful	dishonest	helpful	dishonest
obedient	proud	obedient	proud
talented	weak	talented	weak
boring	cooperative	boring	cooperative
coordinated	energetic	coordinated	energetic
unkind	neat	unkind	neat
smart	polite	smart	polite
loyal	musical	loyal	musical
funny	athletic	funny	athletic
patient	organized	patient	organized
listener	thoughtful	listener	thoughtful
shy	relaxed	shy	relaxed
funny	nervous	funny	nervous
brave	demanding	brave	demanding